

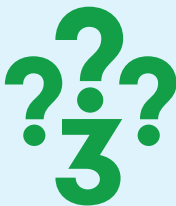
Ask 3 Questions

Normally there will be choices to make about your healthcare.
Make sure you get answers to these three questions:*

What are my **options**?

What are the **pros** and **cons**
of each option for me?

How do I get **support** to
help me make a decision
that is **right for me**?



Your healthcare professional needs you
to tell them what is important to you

Shared Decision Making

<http://www.advancingqualityalliance.nhs.uk/SDM/>

Other questions I would like to ask during my consultation:

1.

.....

2.

.....

3.

.....

4.

.....

5.

.....

Remember, you can bring someone else with you to your appointment, such as a relative, carer or friend.