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26 June 2017

### Sent via e-mail to:-

# Freedom of Information Request – Ref: FOI 043-1718

Thank you for your recent Freedom of Information request about eating disorders. Please find the Trust's response below.

- 1) Is there an adult inpatient eating disorder unit within your service? No
- 2) Is there a Children and Young Persons' (Child and Adolescent Mental Health) inpatient eating disorder unit within your service? No
- 3) For each unit within your service, how many beds are there for a) females; and b) males? N/A
- 4) If these services are commissioned, how far are they from your trust area for a) females; and b) males? N/A
- 5) For each of these commissioned services, how many beds are there for a) females; and b) males? N/A
- 1) Please state the number of individuals with eating disorders referred to your organisation for a first assessment, in each of the following calendar years.
- i) 2013
- ii) 2014
- iii) 2015
- iv) 2016
- v) 2017 to 22/05/17

#### We do not hold this information as we do not record diagnosis at referral.

- 2) Please break this number down\*, stating the number of persons referred who were:
- a) aged up to and including 17 (CAMHS)
- b) male
- c) female

\*Nb. Please provide information for this question for each of the following calendar years:

- i) 2013
- ii) 2014
- iii) 2015
- iv) 2016
- v) 2017 to 22/05/17

#### We do not hold this information as we do not record diagnosis at referral.

- 3) Please state the number of individuals referred to your specialist eating disorder services, in each of the following calendar years:
- i) 2013
- ii) 2014
- iii) 2015
- iv) 2016
- v) 2017 to 22/05/17

Borough	Description	2013	2014	2015	2016	01/01/17 to 22/05/17
Gloucestershire	Total referrals	459	434	401	503	248
Herefordshire	Total referrals	78	74	70	51	21

4) Please break this number down\*, stating the number of persons referred who were:

- a) aged up to and including 17 (CAMHS)
- b) male
- c) female

\*Please provide information for this question for each of the following calendar years:

- i) 2013
- ii) 2014
- iii) 2015
- iv) 2016
- v) 2017 to 22/05/17

Borough	Description	2013	2014	2015	2016	01/01/17 to 22/05/17
Gloucestershire	Referrals aged under 18	172	149	170	55	70
Gloucestershire	Referrals - male	29	29	41	53	26
Gloucestershire	Referrals - female	430	405	360	450	222
Herefordshire	Referrals aged under 18	3	10	4	2	0
Herefordshire	Referrals - male	3	4	6	5	2
Herefordshire	Referrals - female	75	70	64	46	19

- 5) In relation to the number of individuals referred for specialist eating disorder services, given in your answer to **question 3**, please state how many referrals were refused in each of the following calendar years:
  - i) 2013
  - ii) 2014
  - iii) 2015
  - iv) 2016
  - v) 2017 to 22/05/17
- 6) Please break this number down\*, stating the number of refused referrals for individuals who were:
- a) aged up to and including 17 (CAMHS)
- b) male
- c) female

\*Please provide information for this question for each of the following calendar years:

- i) 2013
- ii) 2014
- iii) 2015
- iv) 2016
- v) 2017 to 22/05/17

### We do not record refused treatment.

- 7) Please state the average waiting time in days from referral to start of treatment for persons with an eating disorder in each of the following calendar years:
- i) 2013
- ii) 2014
- iii) 2015
- iv) 2016
- v) 2017 to 22/05/17

We only hold information for Under 18s. To collate the information held for Adults would take over 18 hours. Below are the average waiting times from referral to treatment for under 18s based on national guidelines (note: Qtr 1 17/18 not due for submission until mid-July so no data has yet been validated for this financial year). Earlier years are not available as validation of these waits only began when the national guidelines and returns were published in 16/17

#### For 2016/17

- Gloucestershire: Routine referrals = 39.2 days
- Gloucestershire: Urgent referrals = 8.4 days (10 patients waited 1 week and 1 patient waited 3 weeks)
- Herefordshire: Routine referrals = 17.5 days
- Herefordshire: Urgent referrals = 15.4 days (4 patients waited 1 week and 1 patient waited 7 weeks the long wait was due to physical intervention required to stabilise the young person before treatment for the eating disorder could begin)
- 8) Please break this number down\*, stating the average waiting time (in days) from referral to start of treatment for persons who were

a) aged up to and including 17 (CAMHS)

c) male

d) female

#### We do not hold this information.

\*Please provide information for this question for each of the following calendar years:

- i) 2013
- ii) 2014
- iii) 2015
- iv) 2016
- v) 2017 to 22/05/17
- 9) Please state the longest waiting time in days from referral to start of treatment for individuals with an eating disorder for each of the following calendar years.
- i) 2013
- ii) 2014
- iii) 2015
- iv) 2016
- v) 2017 to 22/05/17

We only hold information for Under 18s. To collate the information held for Adults would take over 18 hours. Below are the average waiting times from referral to treatment for under 18s based on national guidelines (note: Qtr 1 17/18 not due for submission until mid-July so no data has yet been validated for this financial year). Earlier years not available as validation of these waits only began when the national guidelines and returns were published in 16/17

#### 2016/17

- Gloucestershire: Routine referrals = 133 days
- Gloucestershire: Urgent referrals = 21 days
- Herefordshire: Routine referrals = 28 days
- Herefordshire: Urgent referrals = 49 days (1 patient waited 7 weeks the long wait was due to physical intervention required to stabilise the young person before treatment for the eating disorder could begin)
- 10) Please state how many persons with an eating disorder waited more than a year from referral to start of treatment. Please provide information for persons who started treatment in each of the following calendar years.
- i) 2013
- ii) 2014
- iii) 2015
- iv) 2016
- v) 2017 to 22/05/17

#### We only hold information for 2016/17 and for that year there was no one waiting over a year.

11) Please break this number down\* for each of the following categories:

- a) aged up to and including 17 (CAMHS) N/A
- b) male N/A
- c) female N/A

\*Please provide information for this question for each of the following calendar years:

- i) 2013 **N/A**
- ii) 2014 **N/A**
- iii) 2015 N/A
- iv) 2016 N/A
- v) 2017 to 22/05/17 N/A

Should you have any queries in relation to our response in this letter, please do not hesitate to contact me. If you are unhappy with the response you have received in relation to your request and wish to ask us to review our response, you should write to:-

Anna Hilditch Assistant Trust Secretary, <sup>2</sup>gether NHS Foundation Trust Rikenel Montpellier GLOUCESTER GL1 1LY Tel: 01452 894165 E-mail: anna.hilditch@nhs.net

If you are not content with the outcome of any review, you may apply directly to the Information Commissioner's Office (ICO) for further advice/guidance. Generally, the ICO will not consider your case unless you have exhausted your enquiries with the Trust which should include considering the use of the Trust's formal complaints procedure. The ICO can be contacted at: The Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire SK9 5AF.

Yours sincerely,

Gisa Evans

LISA EVANS Information Governance Officer <sup>2</sup>gether NHS Foundation Trust

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or write to: OPSI, 102 Petty France, London SW1H 9AJ.