

## Speech and Language Therapy

# Top Tips for Social Communication

### Face to Face

Get down to your child's level by sitting or lying down, or bring them up to your level. This will help you gain eye-contact and see what they are interested in.



### Help your Child to Listen

Let your child have extra time to understand and respond to you. Say one thing at a time using short, simple phrases e.g. 'shoes on.... outside now' rather than 'we're going out now so put your shoes on'



### Get Your Child's Attention

Say your child's name to get their attention. Use a fun, animated voice. Use songs to encourage your child to interact with you.

### Copy Your Child

Copy your child's play, actions, sounds and words. This shows you're interested and will encourage them to notice and take turns with you.

### Use Visuals

Help your child to understand what you mean by showing them with pictures, gestures and objects as well as using spoken words

### Offer Choices

In your everyday routines and activities offer your child a choice of two things eg "banana or apple?" 'car or blocks?' even if you know what they want. Remember to show the object as you Say the words.

### Repeat Fun Routines

It's good to say and do the same thing over again. This will help your child learn new words and work out what's going to happen next. Try saying 'ready steady go... bubbles!!' every time you blow some bubbles. Leave gaps so your child can take a turn.

If you would like some more information please contact a Speech and Language therapist at your local drop in

#### Registered office

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