



My Health Passport for people with a Learning Disability



My Health Passport is sometimes known as a Hospital Passport.

It is a very good idea to complete this document and take it with you if you go to hospital for an appointment or a planned admission.



By completing this document, you can tell hospital staff useful information about you.

Such as any communication needs, anxieties, likes or dislikes that will help you in a hospital setting.



My Health Passport is about you and your health needs.

It can help hospital staff to understand how to make things easier for you, like reasonable adjustments.



Reasonable adjustments are changes made by hospital staff to ensure people with a learning disability can access health services.

These changes can support personalised care and meet your individual needs.



My Health Passport has three sections – Red, Amber and Green.

The **Red** section contains important information that hospital staff must know about you. **Amber** and **Green** sections are for you to note other things that are important to you.



It is quite a long document and you may like to complete it over several days. Please take your time.

You can email the Learning Disability Health Facilitation Team for a **paper copy** of the document.

 LDHealthFacilitationTeam@ghc.nhs.uk



Or you can access an **online** editable version on the following webpage.

 [Health Facilitation > Glos Health & Care NHS Foundation Trust](#)



Once you have completed the online version, you can print it out or save it to a computer. This will allow you to update it or amend it in the future.



Remember – show your completed document to the hospital staff if you go to hospital for an appointment or a planned admission.

Ask them to read your document as it is important for them to get to know you.

If you have a learning disability and are due to have treatment at hospital, you may like to contact the [Learning Disabilities Hospital Liaison Nurses](#). Visit their webpage at Gloucestershire Hospitals NHS Foundation Trust.